

## **Move to 76 Sherman**

### **Frequently Asked Questions**

As you know, the Spiritual Life Center will be moving to 76 Sherman Street, nestled in the beautiful and historic west end of Hartford, – 76 Sherman. We will be sharing space at the Center for Transformative Spirituality at Hartford International University for Religion & Peace, on the campus of Hartford International University. This will be SLC's third move since it was founded over 40 years ago.

While our location is changing, our reason for being stays exactly the same: to enhance the spiritual well-being of people of any spiritual or religious tradition, as well as those with no religious affiliation. We envision a world where people are spiritually awake and engaged and provide support for those who seek a deeper spiritual life. We live our tagline: Whatever path you are on, you are welcome here.

But any change will evoke questions. So, here are some of the most common ones:

#### **1. Why are we moving?**

In October 2022, the Board created an Ad Hoc Space Committee to discern with the Spiritual Life Center community what kind of physical space will best allow us to live our mission, vision, and DEI statement to its fullest and meet the needs of all our seekers. In-person use of our space at Holy Family sharply declined during the pandemic and continues to be sporadic. This caused us to reassess our current space needs, and consider what's next for SLC.

After receiving a great deal of input from the Spiritual Life Center community, including a community-wide survey, many conversations, and thoughtful prayer, we accepted a proposal offered to us by Hartford International University to relocate to the Center for Transformative Spirituality at Hartford International University for Religion & Peace at 76 Sherman St. Hartford. This helps deepen our existing collaboration with HIU as well as provides financial benefits.

#### **2. Where is our new location and where is there parking?**

We will now be at 76 Sherman St. nestled in the beautiful and historic west end of Hartford, in the same building as the Center for Transformative Spirituality at Hartford International University for Religion & Peace. It is a brown house across the street from HIU's main building.

There are two parking options: there are 6 spaces at 76 Sherman, to the right of the building. There is ample parking across the street at the parking lot of the main campus. The front entrance is handicap assessable.

#### **3. Is the Spiritual Life Center part of HIU now?**

No, we absolutely are not part of HIU. We do have a formal collaboration agreement in place, where SLC provides spiritual companionship, and discernment instruction to students. We also co-create programming with Lisa Dahil, Director of the Center for

Transformative Spirituality. The recent series on the Divine Feminine, and the upcoming eco-grief workshop, "Finding Refuge," are two examples.

**4. What has the 76 Sherman been used for in the past? Is it a Spiritual Place?**

For several decades, 76 Sherman was the location where Miriam Therese Winter led countless classes and programs. It was here that the students from the Transformative Leadership and Spirituality Master's program and the Women's Leadership Institute were inspired and imbued with the gifts of the spirit, and many consider it to be a sacred space. Now we will have the opportunity to add our spiritual energy to 76 Sherman.

**5. When is SLC moving?**

We will be moving to the new location in early August 2023.

**6. What space will be available at our new location? How will each space be used? [diagram below]**

On the first floor, we will have use of the large downstairs room, ("Anam Cara") for large gatherings. Downstairs also includes kitchenette, an outdoor deck, and a medium size open room ["Presence"], that can be used for 1-1's or groups. Please note that this room should be reserved by those who have directees or groups with mobility challenges as it is easily accessible.

Upstairs, we'll have two private rooms – one will be our office ("Compassion") The other is large enough for groups of 8-9, or 1-1's ("Chrysalis") We will also have an open reception area for informal gatherings or meetings ("Dadirri" an aboriginal word meaning "inner deep listening and quiet still awareness") Below there is a diagram of the new space.

**7. As a Spiritual Companion, how can I book a room at 76 Sherman?**

We will continue to use Skedda to reserve space. However, we will need to maintain a list of authorized users, so please contact Nancy Janiszewski at [njaniszewski@spiritlifectr.org](mailto:njaniszewski@spiritlifectr.org) to have your name added to the list. Those on our list will receive more detailed information regarding the room booking process and options.

**8. When can I start using the space at 76 Sherman for Spiritual Companioning sessions?**

The first week in September.

**9. How can I get into 76 Sherman?**

We are in the finalization process of ironing out these details. We will be sure to update you as soon as we have exact information. Thank you for your patience.

**10. What hours can we access the space?**

Right now, it is Monday – Friday. We are in the finalization process of ironing out these details. We will be sure to update you as soon as we have exact information. Thank you for your patience.

**11. How long can I use the Justice Room at Holy Family?**

Justice is available to SLC until August 31, 2023.

**12. What is the new mailing address for the Spiritual Life Center**

Our new mailing address is: 77 Sherman St, Hartford, CT 06105.

**13. Are the grounds or other HIU space available for Spiritual Life Center's use?**

Directly behind the 76 Sherman is a large deck, and backyard containing a labyrinth and access to a beautiful watershed nature area, all of which will be available for use. Please contact Jane Virgilio for details.

**Floor Plan and Room Name Diagram**



