



## Continuing Education and Formation for Certified Spiritual Directors Program Application Process

The Spiritual Life Center invites you to participate in an ongoing program of “Continuing Education and Formation for Spiritual Directors”. The program is for certified directors who want to deepen their practice and nurture their gifts for this ministry. It offers two distinct units of training every year, each unit being comprised of six classes. The classes meet from 6 to 9 PM on the second and fourth Tuesdays of particular months. Each unit will focus on a topic such as discernment, contemplation, interspirituality, group spiritual direction, dream work, new developments in spiritual direction, etc. We invite you to apply by completing the following steps:

1. Take some time in prayer and reflection to discern your desire to participate in the Advanced Training Program.
2. Complete the application form and your self-description statement and mail them to the Spiritual Life Center marked “Attn: Advanced Training Program” at 303 Tunxis Rd, West Hartford, CT 06107 or email them to [info@spiritlifectr.org](mailto:info@spiritlifectr.org)
3. Write a 2-3 page double spaced self-description including:
  - a. Why you wish to receive advanced training in spiritual direction, what attracts you to it, what relevance you think it will have for your life and work.
  - b. The spiritual direction you have received and how it has influenced your development.
  - c. Your personal strengths and challenges and your manner of relating with other persons as these bear upon your learning and practice of spiritual direction.
4. Request a letter of reference from someone who knows your work as a spiritual director. A form for this individual to fill out is included in this packet. (Note, applicants who already have references on file at the Center need not provide additional ones.)

PLEASE NOTE: Interviews will be scheduled when completed applications and references are received. Applications received after the class is full will be considered for the following year's program. **Space is limited, so early application is recommended**

rev 6/25/18



# Continuing Education and Formation Program Application

## Personal Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: Cell: \_\_\_\_\_ Other \_\_\_\_\_

Email: \_\_\_\_\_

Spiritual/Faith Tradition: \_\_\_\_\_

## Education and Training in Theology/Religion/Spirituality, Psychology/Counseling/Therapy, and other relevant fields

Other Significant Life Experiences (i.e. Church, CPE, Multi-cultural, Interfaith, Social Justice, etc):

Year of certification as a director:

Program which certified you as a director:

Are you currently seeing any directees:

Yes No

If yes, how many?

# Years receiving Spiritual Direction: ~

Name of current director:

~ # of Years in Supervision:

\_ How often did you participate in supervision last year?

Name(s) of supervisor and/or Group :

Signature of Applicant and Date: \_\_\_\_\_



## Letter of Reference Advanced Training in Spiritual Direction

Please take some time to reflect on your knowledge and relationship with:

---

In your letter of recommendation please include the following:

- \* Length and nature of your relationship with the applicant.
- \* A frank appraisal of the applicant's gifts and limitations for being a spiritual director.\*
- \* An assessment of how they interact within a group that is focused on reflection and self-disclosure.

Please send your letter of recommendation to:

Advanced Training Search Committee  
Spiritual Life Center  
303 Tunxis Road  
West Hartford, CT 06107

Or send via email to: [info@spiritlifectr.org](mailto:info@spiritlifectr.org)

\*Spiritual Direction, also known as Spiritual Companionship, is a process of deepening a person's spirituality. In Spiritual Direction the "director" helps a spiritual "seeker" to notice, name, reflect on, and respond to her or his experience of the Sacred in everyday life as well as in extraordinary moments of joy, loss or trauma. In a typical monthly spiritual direction meeting the seeker brings the stories of his or her journey and/or any life experiences to reflect on. Together the director and seeker look for and attend to the movement of the Divine in the seeker's life.