



SPIRITUAL LIFE CENTER

*For Spiritual Directors*

## Continuing Education & Formation for Spiritual Directors

### Contemplative Presence: Going Deeper Spring 2019

The Spiritual Life Center offers continuing education for experienced spiritual directors who want to deepen their practice and nurture their gifts. The title for the coming spring semester is “**Contemplative Presence: Going Deeper and Wider**”. All persons are welcome to attend—participation in the Fall 2018 semester is not required.

*The program for the Spring of 2019 will continue to have as its underlying fundamental theme, the value of **deepening the contemplative presence of the spiritual director**. In support of this there will be emphasis on the director’s own regular practice of contemplative presence and exploration of how their practice underpins their ministry of direction.*

#### **The program’s objectives are to:**

- Deepen our own capacity to be contemplatively present to self, others, the Divine and creation and help the directee to develop similar capacity.
- Learn to work with resistance and blind spots in oneself and in the directee, with special attention to when the directee seems “stuck”.
- Listen and respond more deeply—what’s beneath the story, between the lines; what’s not being said by the directee? How can the director respond?
- Learn to help directees go deeper into the meaning of their lives and their connection to the Sacred.
- Read and discuss a contemporary writer’s experience of living a contemplative life.
- Learn from other experienced directors about how they experience and nurture contemplative presence.

**The program provides both intellectual and experiential learning** including readings, class presentations by the instructors, brief reflection papers, providing direction to others, supervision, group processing, one-to-one meetings with instructors, and an integrating project of the participant’s choice. The approach will be collegial, making good use of the wisdom in the community of learners. Participation in some components of the program can be by video conferencing, if so desired.

In the spring of 2019 the **classes will meet from 6 to 9 PM on the following Tuesdays:** February 26, March 12 and 26, April 9 and 23, and May 14. Please reserve May 28 on your calendar in case a snow day is needed. The tuition for directors who see one or more directees for the Spiritual Life Center is \$495. The tuition for directors who are not currently part of the Spiritual Life Center Community is \$595. Partial Scholarships and payment plans are available.

Those who have previously applied to the Advanced Training Program in the need not reapply, simply let the program leaders know of your interest. Applications from new participants will be reviewed as soon as we receive all the components. Admission will be granted on a rolling basis. Early application is encouraged, as spaces are limited.

[Download Application](#)

**For more information call Suzanne Nolan at 860-881-8543  
or Oscar Brockmeyer at 860-942-2934**