



SPIRITUAL LIFE CENTER

For Spiritual Directors

Continuing Education & Formation for Spiritual Directors

Contemplative Presence in the Spiritual Director Fall, 2018

The Spiritual Life Center offers continuing education for certified spiritual directors who want to deepen their practice and nurture their gifts. There are two separate programs offered each year (Spring and Fall).

The subject for the Fall of 2018 is **Contemplative Presence in the Spiritual Director**. One can think of contemplative presence as a dynamic energy that flows out of the experience of authentic relationship to oneself, another, and the God/the Sacred. In this program, we will consider why contemplative presence is essential for the director's own self, for companioning the directee, and for noticing the movements of God/the Sacred.

The program provides both intellectual and experiential learning including readings, class presentations, journaling, brief reflection papers, providing direction to others, supervision, group processing, and an integrating project of the participant's choice. The approach will be collegial, making good use of the wisdom in the community of learners. Some components of the program will allow for video conferencing among participants.

The program's objectives are to

- Deepen one's understanding and experience of contemplative presence.
- Deepen one's capacity to act as a contemplative presence in a direction session.
- Learn from experienced directors about the ways they nurture and embody contemplative presence.

The classes will meet from 6 to 9 PM on the second Tuesday of the months of September through December. The dates are September 11, October 9, November 13, and December 11. Tuition is \$450 per unit. (Note: participants must register for the entire unit, not for individual classes.)

Applications will be reviewed as soon as we receive all components. Admission will be granted on a rolling basis. Early application is encouraged, as spaces are limited.

For more information call Suzanne Nolan at 860-881-8543

or Oscar Brockmeyer at 860-942-2934

To download an application from our website:

[Download Application](#)