



Advanced Training in Spiritual Direction Program Application Process

The **Advanced Training in Spiritual Direction Program** meets once a month from September through April. These eight classes represent one unit of the program. The Center offers the program with a different content each year. Each yearly unit is independent from but integrated with the content offered in other years. Over time, subjects will include the contemplative presence, discernment, interspirituality, group direction, new approaches to spiritual direction and more. Participants may take as many units as they wish. Those who complete two units receive a Fifth Semester Certificate; those who complete four units receive a Third Year Certificate. These certificates represent the comparable amount of study completed beyond a two-year Internship Program.

We invite you to apply by completing the following steps:

1. Take some time in prayer and reflection to discern your desire to participate in the Advanced Training Program.
2. Complete the application form and your self-description statement and mail them to the Spiritual Life Center marked "Attn: Advanced Training Program" at 303 Tunxis Rd, West Hartford, CT 06107 or email them to info@spiritlifectr.org
3. Write a 2-3 page double spaced description of yourself including:
 - a. Why you wish to receive advanced training in spiritual direction, what attracts you to it, what relevance you think it will have for your life and work in the future.
 - b. The spiritual direction you have received and how it has influenced your development.
 - c. The number of years you have served as a spiritual director, an estimate of how many directees you have worked with, the amount of individual and/or peer group supervision you have had, and a description of the continuing education you have received.
 - d. Your personal strengths and challenges and your manner of relating with other persons as these bear upon your learning and practice of spiritual direction.
4. Request three letters of reference from: a personal acquaintance, someone who knows your work as a spiritual director, and someone who knows you professionally or academically. (A form for these individuals to fill out is included in this packet).
5. With your completed application, include a \$75.00 non-refundable application fee, which will be applied to your tuition if you are accepted.

PLEASE NOTE: Interviews will be scheduled when completed applications and references are received. Applications received after the class is full will be considered for the following year's program. **Space is limited, so early application is recommended**

rev 1/20/18



Advanced Training Program Application

Personal Information:

Name: _____

Address: _____

Phone: Home: _____ Cell: _____ Work: _____

Email: _____

Spiritual/Faith Tradition: _____

Education and Training(if applicable):

Background and/or Training in Theology/Religion/Spirituality:

Background and/or Training in Psychology/Counseling/Therapy:

Year of certification as a director: _____ Program which certified you as a director:

Are you currently seeing any directees: Yes No If yes, how many? _____

Number of Years in Spiritual Direction: _____ Name of current director:

Number of Years in Supervision: _____ How often do you receive supervision?

Name(s) of supervisor and/or Group :

Other Significant Life Experiences (i.e. Church, CPE, Multi-cultural, Interfaith, Social Justice):

Over



Advanced Training Program Application

Current Employment:

Place of Employment: _____

Position Held: _____

Dates of Employment: _____

References Requested From:

Name: _____

Relationship: _____

Name: _____

Relationship: _____

Name: _____

Relationship: _____

Signature of Applicant: _____

Date: _____



Letter of Reference Advanced Training in Spiritual Direction

Please take some time to reflect on your knowledge and relationship with:

In your letter of recommendation please include the following:

- ✿ Length and nature of your relationship with the applicant.
- ✿ A frank appraisal of the applicant's gifts and limitations for being a spiritual director.*
- ✿ An assessment of how they interact within a group that is focused on reflection and self-disclosure.

Please send your letter of recommendation to:

Advanced Training Search Committee
Spiritual Life Center
303 Tunxis Road
West Hartford, CT 06107

Or send via email to: info@spiritlifectr.org

*Spiritual Direction, also known as Spiritual Companionship, is a process of deepening a person's spirituality. In Spiritual Direction the "director" helps a spiritual "seeker" to notice, name, reflect on, and respond to her or his experience of the Sacred in everyday life as well as in extraordinary moments of joy, loss or trauma. In a typical monthly spiritual direction meeting the seeker brings the stories of his or her journey and/or any life experiences to reflect on. Together the director and seeker look for and attend to the movement of the Divine in the seeker's life.