

A NEW SERIES OF ENRICHING EVENTS AT SPIRITUAL LIFE



The heart of our Spiritual Life Center’s mission includes providing Spiritual Direction to all who seek it as well as training persons to be Spiritual Directors (Companions). It should come as no surprise, then, to hear that we hold our dedicated spiritual companions in the highest regard—all seventy of them! And we (Bonnie and I, the Board of Directors and various committees, the directees, and all the friends of our large and diverse community)—we want to show our appreciation to them.

One of the ways we are doing this is by inaugurating a series of “**Enrichment Events**”. Each one lasts for about three hours. They are scheduled on different days and times, about six times a year. Each Event begins with an optional half hour brown bag supper. Two and a half hours of program follow the meal. This includes an opening prayer, some teaching by a presenter, a break, interactive small group and/or creative activities, and processing the evening’s activities in the large group.

The Events are designed with spiritual companions in mind. We aim to accomplish three goals:

1. Help spiritual companions learn something new, or refine existing skills, so as to enhance the services they provide;
2. Help participants to renew their spirits and reconnect with their passion for doing spiritual direction;
3. And provide opportunities for building community among everyone present.

Though designed for spiritual companions, everyone interested in the topic, everyone who wants to deepen their ability to listen and dialogue, and everyone who wants to renew their spirit and help build community—all are welcome! Future events will include topics such as finding Wisdom in daily life, working with dreams, using guided imagination, gender and spirituality, and group discernment.

As a token of appreciation for all they do for the Center, the Enrichment Events are free of charge to directors who see one or more clients for the Center. There is a suggested donation of \$20 for others.

We want to recognize the members of the committee that has planned and organized this series. They include: Dave Oat, Doreen Bottone, Mary Marsan, Mike Smoolca, and Sarah Kieffer. Please let them know you appreciate their efforts. And thanks also to all who support the Center with financial contributions and gifts. **You** make it all possible!

Blessings

Oscar

[To read about what happened at the June 7 Enrichment Event, click here.](#)